

SUN GARDENS DUBROVNIK



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FOOTBALL ACADEMY



Age range

Football Academy is created for children ages 7 to 15. Through fun and safe environment, junior footballers will have an opportunity to learn and play with experienced players and coaches who will provide them with all technical knowledge but also with a sense of hard work and team play.

Weekly trainings

Football Academy attendees will be divided into groups, depending on the age. The size of each training group will be 5 to 30 children. During each week trainings will be held five times in morning sessions and Saturdays are reserved for football tournament or a match, depending on the number of participants. The expected duration of each training is 90 minutes.

Skills learned

Warm up techniques, coordination and speed drills, ball control, dribbling drills, free kicks training, penalty shooting, crossing and corner kick training, passing, goalkeeping training.

Dates | 05.06. - 08.07.2023. | 17.07. - 12.08.2023. | 28.08. - 30.09.2023. | Price | $350 \in \text{per child}$

Each participant will receive a Nike sports sack with a Nike T-shirt, shorts, socks, water bottle, and a certificate with a medal. Due to the limited space we recommend booking in advance. T. +385 20 361 902 / E. reservations@sungardensdubrovnik.com

CAMPIONI ACADEMY





The Campioni Soccer Academy is run by ex-Premier League players Andrew Cole, Andrew Johnson & Michael Johnson who are joined by many other famous faces from the world of football. Campioni's UEFA Licensed coaches provide wealth of experience in coaching children and are all committed to passing on their experience to the next generations.

Age range

Campioni is a professional football school for children of all abilities aged between 6-15 to take part in whilst on holiday.

Campioni Soccer Academy Schedule

The week starts with a welcome drinks reception on Sunday evening where each child is presented with a sports kit and ends with a medal presentation. Campioni families have the opportunity to socialise with the sporting celebrities throughout the week, enjoying the warm summer evenings together.

Dates

29.05. - 02.06.2023.

10.07. - 14.07.2023.

14.08. - 25.08.2023.

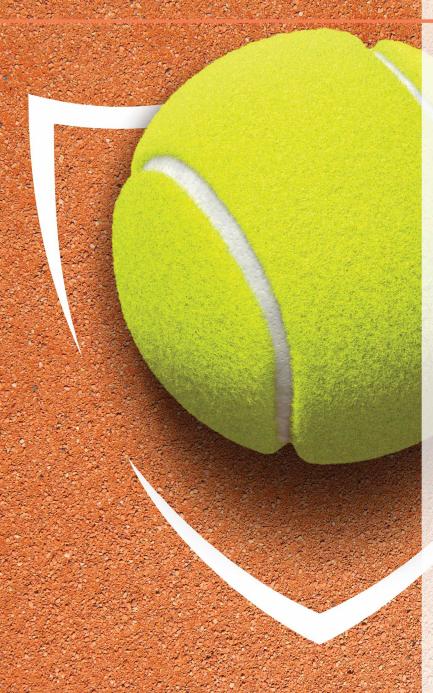
23.10. - 27.10.2023.

Price

550 € per child per week

Each participant will receive a personalised Campion kit, cap, water bottle & bag. Due to the limited space we recommend booking in advance.

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TENNIS ACADEMY



Age range

Tennis Academy is created for children ages 7 to 15. Whether it be developing basic tennis moves or mastering them to the next level, our Tennis Academy is an ideal choice for children to learn or improve their skills while enjoying the summer holidays.

Weekly trainings

The size of each training group will be up to 6 children. During each week trainings will be held six times a week in morning sessions, from Monday to Saturday. The expected duration of training is 90 minutes. Participants are welcome to join the Academy any day of the week, depending on the arrival date.

Skills learned

Warm up techniques, coordination and speed drills, forehand and backhand technique training, service and volley training.

Dates | 29.05. - 30.09.2023.

Price | 350 € per child

Each participant will receive Nike sports sack with T-shirt, shorts, water bottle, and a certificate with a medal. Due to the limited space we recommend booking in advance.

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SQUASH ACADEMY

Age range

Squash Academy is created for children ages 7 to 15. Children will have an opportunity to develop basic squash moves, increases flexibility, improve fitness level and co-ordination skills. A game of squash in a welcoming environment will boost child's confidence and get them more involved in the sport activities.

Weekly trainings

The size of each training group will be up to 4 children. During each week trainings will be held six times a week in morning sessions, from Monday to Saturday. The expected duration of training is 90 minutes. Participants are welcome to join the Academy any day of the week, depending on the arrival date.

Skills learned

Warm up techniques, coordination and speed drills, forehand and backhand drive, volley, boast lob, drop shot and service training.

Dates | 29.05. - 30.09.2023.

Price | 300 € per child



Each participant will receive Nike sports sack with T-shirt, shorts, water bottle, and a certificate with a medal. Due to the limited space we recommend booking in advance.

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SWIMMING ACADEMY



Age range

Swimming Academy is created for children ages 7 to 15. With an ideal setting, Sun Gardens Dubrovnik offers children a perfect opportunity to learn basic techniques, improve the strengths and stamina and, of course, enjoy the entire journey.

Weekly trainings

The size of the training group will be up to 15 children. Trainings will be held six times a week in morning sessions, from Monday to Saturday. The expected duration of training is 90 minutes. Participants are welcome to join the Academy any day of the week, depending on the arrival date.

Skills learned

Warm up methods, swimming techniques, coordination and speed drills.

Dates | 29.05. - 30.09.2023.

Price | 300 € per child

Each participant will receive Nike sports sack with towel, water bottle, and a certificate with a medal. Due to the limited space we recommend booking in advance.

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WATER SPORTS ACADEMY



Age range

Water Sports Academy is created for children ages 10 to 17. With an ideal beachfront setting, Sun Gardens Dubrovnik offers tweens and teens a perfect opportunity to explore a range of water sports during the summer. Fun and cool sports activities like swimming, snorkelling, stand-up paddleboard and kayaking on the crystal clear Adriatic Sea are included.

Weekly trainings

The size of the training group will be up to 10 children. Trainings will be held six times a week in morning sessions, from Monday to Saturday. The expected duration of training is 90 minutes. Participants are welcome to join the Academy any day of the week, depending on the arrival date.

Skills required

Advanced swimming knowledge required.

Dates | 12.06. - 19.09.2023. (weather permitting)

Price | 350 € per child

Each participant will receive Nike sports sack with a towel, water bottle and, upon completion, a certificate with a medal. Due to the limited space it must be booked at least 48 hours in advance. T. +385 20 361 902 / E. reservations@sungardensdubrovnik.com



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Sun Gardens Dubrovnik retains the right to change, amend and modify the times, dates and location of the Sport Academy programmes without prior notice.