

EDEN ROC SPA

BY

Natura Bissé
Barcelona

A spa specially created for you to transform your skin while disconnecting from the outside world. Enjoy the experience and feel the results with the most high-end treatments.

*Keep your holiday glow
with Natura Bissé*

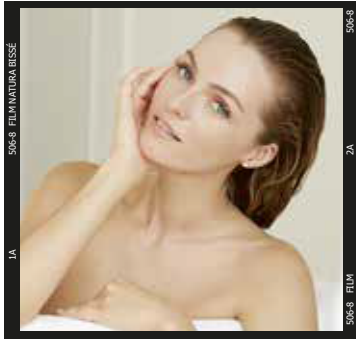
SCAN HERE FOR OUR ONLINE VERSION

NATURA BISSÉ

SIGNATURE EXPERIENCES

Experience a new level of well-being with the iconic treatments designed by Natura Bissé. Three cutting-edge spa concepts that will transform any ritual into the ultimate wellness journey.





THE SIGNATURE EDEN ROC

Time to restore face & body

90 MIN
USD 210

PROTECTS · REPAIRS · REGENERATES

A luxurious signature experience for face and body that soothes the redness caused by sunburns with an extraordinary desensitizing complex that reinforces the skin's own defense system. All these benefits are enhanced by the application of a facial LED mask followed by a relaxing body massage.

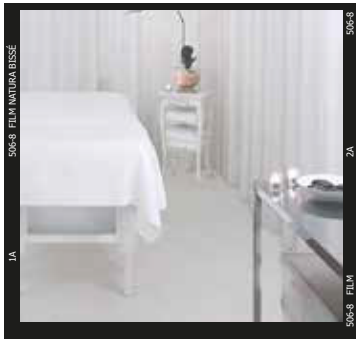


The Mindful *touch*

120 MIN
USD 25

YOUR MINDFULNESS SPA EXPERIENCE

Add The Mindful Touch to any spa service and enjoy an incredible ritual that masterfully combines Natura Bissé's exclusive facial and body treatments with the most advanced technology. Virtual reality, mindfulness exercises and the wonderful power of touch come together to offer a unique way to focus on your senses. You will achieve renewed serenity and energy, a deep level of relaxation that will be reflected in incredibly rested and radiant skin.



THE PURE AIR SUITE

120 MIN
USD 25

Natura Bissé has created an exclusive sanctuary in which to perform treatments, where the air you breathe is 99,995 % pure and completely free of polluting particles; where the ephemeral power of pure air provides instant visible rejuvenation. The Natura Bissé Pure Air Suite is an immersive experience that produces outward luminosity and inner relaxation.

The Natura Bissé Pure Air Suite is subject to availability. All Signature Experiences should be booked in advance with our Spa and Skin Concierge.

RED CARPET READY

Get ready to walk the red carpet with this exclusive collection of treatments unveiled at the world's most glamorous A-list events. Luxury treatments for face or body based on Natura Bissé's most coveted collections. Premium experiences that will make your skin glow.



DIAMOND EXPERIENCE LIFE INFUSION RITUAL

Transform your skin

90 MIN
USD 250

RENEWS · FIRMS · REVITALISES

A luxurious experience that preserves the youth of skin and helps slow the ageing process. Visibly diminishes fine lines and wrinkles, restores a youthful energy to your skin, dramatically reverses premature ageing, and increases firmness and elasticity. A transformative ritual that results in a wonderfully firm and glowing complexion.

DIAMOND COCOON EXPERIENCE

Prebiotic treatment that breathes new life into skin

60 MIN
USD 204

STRENGTHENS · SHIELDS · LIBERATES

Diamond Cocoon Experience is a revitalizing and necessary detox for both the mind and the body. Thanks to an infusion of powerful ingredients applied using enveloping massage techniques, skin glows with renewed health and beauty. Repairs skin and helps reverse effects of modern pollution and stress. Skin emerges clean, healthy and luminous.

DIAMOND EXPERIENCE ROSE MASSAGE

Indulgent body treatment for 5-star skin

60 MIN
USD 210

RESTORES · NOURISHES · RELAXES

A smoothing and nourishing body exfoliation followed by a regenerating massage with the exquisite fragrance of Damask Rose Oil. The perfect body ritual to recover the suppleness, radiance and elasticity of your skin while transporting you to a complete state of well-being and relaxation.

SKINCARE ATELIER

Enjoy these facial treatments, specially designed to address all skin conditions.
All skin types will find the right option to restore beauty and radiance.



THE 3D COLLAGEN SHOCK

A boost for skin

60 | 90 MIN
USD 220 | USD 240

SCULPTS · FIRMS · TIGHTENS

A remodelling and firming treatment with three types of collagen that sculpts and defines your facial contour, improves skin density and locks in moisture. This innovative facial provides an outstanding lifting effect while revealing incredibly supple and plump skin.

THE CITRUS ESSENCE

Powerful antioxidant treatment

60 MIN
USD 185

REVITALIZES · STIMULATES · FIRMS

To prepare and restore your skin from sun exposure, Vitamin C stimulates collagen production and renews skin firmness. The refreshing aroma of mandarin oranges on a relaxing Mediterranean experience will take you away.

THE O2 RELAX



Awake of pure oxygen for Skin

60 MIN
USD 180

PURIFIES · BRIGHTENS · BALANCES

The revitalizing power of pure oxygen will descongect and brighten a tired, dull complexion restoring an even tone and a healthy natural glow..

SKINCARE ATELIER ENHANCEMENTS

15 MIN
USD 60

Boost your facial with one of our enhancements to increase the benefits or to treat specific concerns. Adding just 15 minutes more, your treatment multiplies its results to reveal perfect skin.

Eye mask DE-PUFFS · DECONGESTS · DRAINS

Instant Peel REVEALS · RENEWS · EXFOLIATES (30MIN)



USD 105

Active Face Contouring technique REDEFINES · SCULPTS · RE-SHAPES

BODY ATELIER

MASSAGE

Indulge yourself with Natura Bissé transformative massages. Feel the expertise of our therapists along with the power of our cutting-edge skincare collections on your skin. Enjoy these extraordinary experiences to relax and unwind.

506-8 FILM NATURA BISSÉ

1A



506-8

2A

506-8 FILM

QUIRO GOLF

Complete face & body massage perfect for sports enthusiasts



60 MIN | 90 MIN
USD 165 | USD 195

STIMULATES · REVITALISES · RECHARGES

A deep massage with golf balls ideal for relieving and reducing muscle tension, joint pain and stiffness.

LOMI JUMA

Take time out to restore your balance

60 MIN | 90 MIN
USD 165 | USD 195

ENERGISES · BALANCES · SOOTHES

Restore your inner balance with a fusion of massages and stretches inspired by different techniques of Asian Pacific and traditional Mediterranean practices. This protocol improves microcirculation, relieves your joints and relaxes your muscles, while restoring your physical and mental well-being.

SIGNATURE MASSAGE



Your tailored time out

60 MIN | 90 MIN
USD 170 | USD 200

RELAXES · BALANCES · RELIEFS

Performed with the specific technique of your choice: Swedish to relax the entire body, Deep Tissue to help relief muscle tension and pain or Hot Stones for promoting deep sleep. Choose your oil of preference to obtain additional benefits: energising, decongestive, relaxing or purifying.

BACK, NECK & SHOULDERS



Quick fix for stressed areas

30 MIN | 60 MIN
USD 88 | USD 120

RELAXES · RECHARGES · BALANCES

Enjoy a short but effective relaxing massage. Perfect to release muscles in specific areas where stress is concentrated.

LIPOCELL SCULPTOR

Transform your body

60 MIN
USD 196

SLIMSDOWN · FIRMS · SCULPTS

Sculpt your body with an ultra concentrated slimming and anti-celuliting gel combined with advanced massage techniques to contour your figure.

BODY ATELIER

TREATMENTS

See unparalleled results with these full body treatments that pamper with potent active ingredients. Preserve the health and beauty of your skin by immersing yourself in a relaxing, restorative experience.

506-8 FILM NATURA BISSÉ

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O2 BODY PERFECTION

The oxygen boosts your body needs

60 MIN
USD 150

PURIFIES · HYDRATES · REVITALISES

Indulge your skin with oxygen, enjoy a full body peel to aid skin renewal followed by a luxurious soufflé mask to revitalise and nourish the skin. Rich in macronutrients to provide an intense nourishing, firming and rejuvenating effect, this exceptional ritual helps improve fluid retention, eliminate toxins and reduce cellulite. Completed with a customised body oil application.

CITRUS DRENCH

A citric bath that enlivens body and mind

60 MIN
USD 160

REVITALISES · FIRMS · ENERGISES

Treat your skin to a full exfoliation, followed by a firming and hydrating C+C Vitamin Body Cream treatment. This revitalising experience using highly concentrated vitamin C emulsions will protect your skin against dryness and premature ageing.

DETOX MARINE ESSENCE

A detoxifying remedy for your body.

60 MIN
USD 165

DETOXIFIES · REGENERATES · HYDRATES

Bamboo particles polish away dead skin cells, followed by a body mask rich in different types of marine algae that will help detoxify, hydrate and firm the body.

BODY POLISH BAR

Exfoliation of choice for dream skin

45 MIN
USD 120

EXFOLIATES · SOFTENS · RENEWS

Choose a full-body exfoliation that can be added to any treatment:

- Rose and diamond dust for a smoothing and nourishing treatment.
- Citrus exfoliation that revitalises and brightens.
- Bamboo micro-fibers that effectively eliminate dead cells for soft and nourished skin.

SUMPTUOUS

FACE & BODY COMBINATIONS

The most luxurious treatments to pamper the skin on both your face and body. Relaxing and transformative experiences that will reveal an incredibly glowing complexion and renewed skin.



ROYAL CITRUS

Restoring citric ritual.

90 MIN
USD 280

REVITALIZES · NOURISHES · PROTECTS

Drench your skin with an intensely hydrating firming C+C ritual for face and body. This revitalizing ritual includes an exfoliating wrap formulated with mandarin, and a soothing antioxidant facial. The treatment is completed with a luxurious.

ROYAL OXYGEN

Oxygenating massage treatment with an instant facial

90 MIN
USD 270

DETOXIFIES · PURIFIES · HYDRATES

Oxygenate your Skin with an intensely hydrating and detoxifying ritual for face & body that will restore your inner balance.

EDEN ROC LUXURY EXPERIENCE

Bespoke face and body experience

120 MIN
USD 400

Build your perfect face and body experience in three steps:

Step 1: **Select a 60-minute facial treatment***

Step 2: **Choose any 60-minute body treatment or body massage***

Step 3: **Enjoy an Enhancement of your choice**

**Skincare and Body Atelier Treatments Only*

HANDS AND FEET TREATS

Pay special attention to hand and feet to keep them looking pretty and meticulously cared for.



OXYGEN HANDS

Soother, softer hands.

60 MIN

USD 60

HYDRATES · RENEWS · REPLENISHES

The damage caused by external aggressors will instantly disappear to reveal radiant, revitalized skin.

OXYGEN FEET

Soother, softer feet

60 MIN

USD 75

HYDRATES · RENEWS · REPLENISHES

Erase years of stress and reveal smooth, supple and comforted skin.

CITRUS HANDS

Nourished, perfect hands

30 MIN

USD 60

REPAIRS · BRIGHTENS · REVITALIZES

Restore vitality to your hands with a dose of vitamin C full of antioxidants that will firm and brighten your skin.

CITRUS FEET

Nourished, perfect feet.

30 MIN

USD 75

REPAIRS · BRIGHTENS · REVITALIZES

The power of vitamin C effectively repairs the damage caused throughout the years, revealing smooth, supple skin.

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