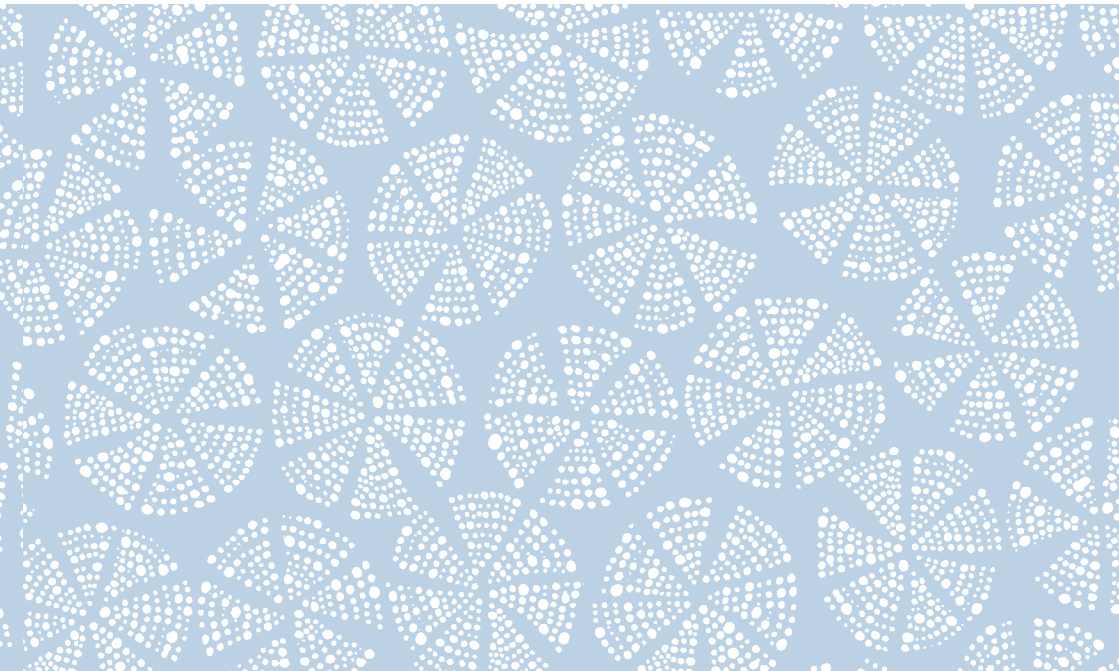




SANI
BEACH
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MY SPA



My Spa by Anne Semonin

Uncomplicated, fresh and welcoming, "My Spa" treatments are designed to feed your skin with essential beauty ingredients at attractive prices. The purest essential oils, trace elements and plant extracts from our luxury Spa brand, Anne Semonin Paris, are combined with the expertise of our skilled therapists to create, especially for "My Spa", the finest beauty treatments that give immediate and long lasting results and a stunning healthy glow to your skin.

Mediterranean Secrets

Lifting Facial

1h 30min, 170€

Anti-age, Lift, Luminosity

Expect instant gratification as your feet slip into a warm pouch filled with silken body cream. A facial cupping will lift and tighten the skin, making you look as if you've just enjoyed the world's longest and most relaxing siesta. Hands and feet are treated to a lavish massage while an olive peel-off mask soothes and moisturizes your newly revealed skin.

Refreshing Body Ritual

1h 30min, 180€

Detoxify, Invigorate, Renew

Like a plunge into crystalline water on a hot summer's day, this uplifting body treatment completely revitalizes your body and mind. An invigorating body brush will increase blood flow and circulation before you enjoy a scrub and full body massage of choice. You'll walk out with a natural body brush as our gift to you, and feeling lighter than air.

Mediterranean Bliss

Body & Face Ritual

1h 30min, 200€

Release Tension, Relax, Restore

If you're looking for a rejuvenating facial as well as a relaxing body ritual, this treatment is definitely for you. After a back scrub, your therapist gently pummels away pressure during a relaxing back massage. A personalized facial is followed by the application of an olive peel-off mask. While the mask works to boost radiance, you'll enjoy a soothing scalp & hand or foot massage.

LPG endermologie® by Cellu M6 Alliance*

Slimming, anti-aging, well-being treatments

True sensory experience, the LPG endermologie® technique delicately stimulates the skin to reactivate dormant cellular activity naturally, painlessly and without any side effects. Awakened, the target cells then metamorphose the skin from within for visible slimming and anti-aging results (localized fat elimination + natural collagen, elastin and hyaluronic acid production). LPG also prepares the skin to receive the most precious of care rituals. Suitable for both men and women.

Prelude Treatment

20min, 80€

To instantaneously intensify the result of another treatment. Short session or as the first step of a massage or body treatment.

Extreme Treatment

1h, 165€

To live the spa experience like never before. An exclusive treatment concept for ultimate efficiency and well-being.

2 to 6 Days Complete Treatment

1h 30min, 220€

For comprehensive face and body treatments every day. Intensive Anti-aging retreat, Intensive Detoxifying retreat, Organic Mommy makeover.

**There is an additional charge of 25€ for the
LPG bodysuit.*

Radical Facial Rejuvenation - with Coolifting Shot

1h 30min, 200€

Lift, Plump, Rejuvenate, Radiance

If you're looking for a purely results-driven treatment, our radical facial rejuvenation is most definitely it. From a deep lifting massage to an advanced Coolifting technique, each and every one of the treatment's steps are geared towards one ultimate goal: unveiling a younger looking you. The accompanying hand-and-foot massage with botanical oil is an added treat.

Beach-Ready Body & Face

1h 15min, 180€

Radiance, Renew, Tanning Preparation

The secret behind the most gorgeous tan is preparation and this face and body ritual ensures you're suitably prepared to sunbathe and relax under the blazing sun. Your body is gently brushed and scrubbed so you'll tan evenly while a cleansing facial and mask work to regenerate the skin. You'll emerge beach-ready and with your body and face flaunting a head-turning glow.

Botanical Bliss Body & Face

1h 15min, 165€

Radiance, Soothe, Prolong Summer Tan

Inside-out hydration is essential for maintaining your skin's suppleness and prolonging your hard-earned tan which is why this treatment starts with a deeply moisturizing body mask. You'll be treated to a soothing scalp massage while a calming face mask diminishes the damage caused by UV light. The application of 'Glow' adds a glamorous finishing touch to this soothing, calming treatment.

After-Sun Regenerator

1h 30min, 190€

Radiance, Relax, Soothe

Soothe your body and senses after a hard day on the beach with a moisturizing body mask and lavish after-sun facial. A scalp and full-body massage will take the edge of a scorching summer's day while the use of beta-carotene will calm your skin and enhance your tan. Vitamin-laden products will ensure you leave with regenerated, healthy skin, with a touch of Glow that will add a lashing of gorgeous glamour.

Uplifting Face Massage

25min, 75€

Firm, Tone, Regenerate

The Uplifting Face Massage involves flowing techniques which act as a natural face lift. This can be used as an alternative to surgery, helping you feel and look younger. It is designed to be a gentle non-invasive approach to looking younger. It works primarily by freeing constrictions both within the facial muscles and in the connective tissue.

Made to Measure Express Facial

25min, 70€

Refresh, Firm, Health-Boost

Suitable for everyone, this clever combination of cleansing, exfoliating and a mask allows even the busiest person to achieve a look of instant freshness. The fast effective results leave skin hydrated, soft and radiating health.

For Your Eyes Only

25min, 70€

Depuff, Brighten, Smooth

Designed to enhance, lift and firm your eye area. State-of-the-art Anne Semonin Eye Express Radiance Ice cubes full of cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.

Baby Bliss Pregnancy Facial

55min, 120€

Calm, Regenerate, Enhance

The hormonal effects on your skin during pregnancy can cause dryness, breakouts, increased pigmentation and a lack lustre complexion. Regain that beautiful pregnancy glow with this rehydrating soothing facial. Using an intensive nourishing oil, special attention is paid to relaxing your neck and shoulders followed by a heavenly scalp message which will leave your skin glowing.

Bespoke Facial

55min, 120€

A luxury facial treatment which is individual and utterly bespoke

Combining serums, masks and creams which have been carefully selected to suit your skin's specific needs to a tee, this bespoke treatment corrects and re-balances the skin, resulting in a dramatically more radiant, even-toned complexion.

Skin Renewal Treatment

45min, 110€

Peel, Rejuvenate, Smooth

A unique, efficient resurfacing treatment, combining mechanical and chemical exfoliations: a smart & medically inspired method, without irritation, that will give your skin a luxurious glow and incredible softness. Experience the Micronised crystal powder, mixed with a nourishing massage butter, followed by the application of a gentle acid emulsion, as efficient as the soft sensation it provides. Discover this Anne Semonin unique transformative treatment, which re-invents the surface of your skin within a few minutes, infusing it with an efficient blend of ingredients and polishing it to perfection!

Cryotime Freeze

55min, 130€

Tone, Brighten, Radiance

A contouring and firming facial designed to combat the visible signs of ageing; excellent for mature, dry and dehydrated skins. Innovative Anne Semonin neurocosmetic ingredients are combined with Active Serums and advanced cryotherapy Anne Semonin Express Radiance ice cubes to regain the skin's natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & for boosting skin vitality.

Marine Mineral Purifier

1h, 145€

Deep Cleanse, Decongest, Mineralize

Ideal for combination, oily, congested, problematic skin, this is a complete deep cleansing purifying treatment which includes a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel off mask and aromatic intensive complexes are used to soothe, calm and rebalance the skin to encourage a visibly clear complexion.

Haute Couture

1h 15min, 165€

The quintessence of tailor-made skin care

Indulge in the ultimate bespoke facial incorporating a client-specific intensive eye and décolleté treatment. Aromatic intensive complexes and serums will boost cellular renewal whilst a firming algae mask will detoxify for absolute skin radiance. This treatment is a complete and effective remedy for removing the stresses of daily life leaving skin firm, smooth and radiant.

Precious Pearl Ultra Lift

1h 25min, 190€

Anti-ageing, toning, radiance

Experience a truly rejuvenating facial which combines marine active ingredients with advanced massage techniques and cryotherapy to stimulate cell renewal, reduce wrinkles and hydrate mature skin. The unique peel-off mask completes this treatment to firm and lift as well as restore skin radiance.

Golden Firming Facial

1h 30min, 200€

Plump, Lift, Radiance

The firming treatment, which uses the light reflecting properties of 24k gold and plumping effects of hyaluronic acid, focusses on performance over pampering and will deliver on its promise of smooth, glowing skin as a result.

Relaxing Head and Shoulders Therapy

25min, 70€

Pamper, Relax, Revitalize

A relaxing and deeply healing scalp treatment to soothe away stress and tension. The neck, shoulder and scalp are massaged with effective energising oriental techniques to rebalance your energy levels and reactivate your senses.

De-Stressing Salt Fusion

35min, 75€

Mineralize, De-stress, Smoothen

An express aromatic oil and salt scrub, the perfect skin preparation, leaving skin deeply nourished, smoothed and hydrated.

Nude Sand Warming Scrub Experience

35min, 80€

Moisturize, Nourish, Soften

A wonderful Bora Bora sand exfoliation, to softly warm up your senses and leave your skin smoothed to perfection, hydrated and glowing. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

Soothing Scrub & Massage Ritual

1h 30min, 180€

Exfoliate, Nourish, Sooth

The treatment starts with a soothing sea salt, sand and pink quartz scrub which sweeps away dead skin cells and leaves silky, detoxified, glowing skin as a result. Then, personalized aromatic oils are applied all over your body which makes your skin feel as soft as a baby's. The revitalizing exfoliation is capped off with a full body massage to give you lots of get-up-and-go.

**Deep Tissue Massage upon request with an additional charge of 15€*

Parisian Top to Toe

1h 30min, 190€

Relax, Regenerate, Soften

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made to Measure Facial the result is re-hydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot, leg and hand massage making this a fabulous top to toe experience.

Anti-Stress Back Therapy

55min, 140€

Release Tension, Restore, Relax

A self-heating marine mineral mud treatment for the back, neck and shoulders designed to release tension and combat tight muscles. The feet and lower legs are carefully massaged to improve circulation allowing a powerful sense of wellbeing. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

Cryo Lipoliss Therapy

1h, 160€

Anti-Cellulite, Firm, Tone

A specialized treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. Using massage and lymphatic drainage techniques the legs are massaged to restore circulation and a firming mask is applied to relieve blockages and tone the skin. A course of treatments are recommended.

Glowing Mother to Be

1h 15min, 160€

Pamper, Rejuvenate, Radiance

A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. Your body will be supported and caressed by soft cushions whilst your therapist massages your back, neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

Heavenly Anti-Stress Face & Body Experience

1h 50min, 220€

Release tension, Nourish, Revitalize

A synergy of heat and cold is the essence of this truly exceptional experience combining a relaxing back therapy and anti-ageing facial. The creamy, rich mixture of self-heating clay and algae melts away deep-seated tension throughout the back of the body while the feet and legs are massaged. The senses are further stimulated with an advanced cryotherapy facial, using the Anne Semonin Express Radiance ice cubes infused with powerful ingredients to support the skin at a cellular level, as the whole body experiences a rush of complete well-being.

Back, Face & Scalp Revitalizer

55min, 130€

De-stress, Balance, Recharge

This 'all in one' treatment commences with a soothing back massage to ease away all tension, continue to relax with an invigorating facial & finally drift away while having a therapeutic scalp massage...heaven.

Lighter Legs Therapy

1h 15min, 155€

Lighten, Tone, Soothe

Show off sculpted limbs this summer with the help of this treatment which combines a modelling body massage and cooling leg mask. A stimulating leg massage will knead out lumps and bumps and is followed by a leg mask to further tone and lighten heavily leaden legs. Enjoy an indulgent neck, shoulder and head massage before you walk out of the spa on summer legs you'll love.

Hydra-Intense Wrap Experience

1h, 140€

Hydrate, Soothe, Regenerate

An ultra-moisturizing and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application of hydrating mask combined with rich treatment oils packed with nutrients. A perfect full body thirst quencher for tired sensitive skin.

Pure Detox Wrap Experience

1h, 140€

Detoxify, Purify, Uplift

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and re-mineralizing benefits of the ocean. This natural seaweed re-metabolizes the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management program.

Rejuvenation Body Cocoon

1h, 140€

Anti-Age, Firm, Regenerate

This pampering body rejuvenation will regenerate the skin to its best. An invigorating body scrub is followed by a luxurious red wine firming body mask while you drift away with a wonderfully soothing scalp massage... The natural antioxidant benefits of this treatment will enhance body drainage, maximize hydration, plump and smooth to perfection, while nurturing your body in a cloud of wellbeing.

De-Stress Phyto-Aromatic Massage

25min, 75€

55min, 140€

1h 15min, 160€

A totally bespoke, made to measure body massage using a warm nourishing Anne Semonin Oil of your choice. This wonderful treatment induces deep relaxation. It's designed to stimulate blood circulation and relieve key areas of tension.

Body Fitness Phyto-Aromatic Massage

25min, 85€

50min, 155€

1h 10min, 170€

This body Fitness massage aims at the deeper tissue structures of the muscle and fascia, using many of the same movements and techniques as the De-Stress massage, but with more intense pressure. It is also a more focused type of massage, as the therapist works to release chronic muscle tension or knots.

Stress Relief

45min, 125€

This soothing massage was custom - designed to reduce tension from your body. Targeting specific muscles, your therapist will apply pressure, concentrating on your back, shoulders, neck & scalp reducing built up stress from your every day life.

Pregnancy Massage

50min, 130€

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. This pregnancy specific massage is a seamless pleasure melting away fatigue and revealing a radiant you.

Hot Stones Massage

1h 20min, 180€

Heated black basalt stones are used to massage the whole body releasing deep seated tension ideal for anyone suffering with muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels. This intensive exceptional treatment is a holistic and relaxing therapy for the mind, body and spirit.

Four Hands Massage

1h 15min, 225€

A sublime massage experience from the shores of French Polynesia to ease away stress and strains from daily life. The traditional flowing and soothing movements lull you into a deep state of peace and tranquillity, as soft palms and forearms remove tension from tight muscles. This unique, healing massage offers two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen you health and wellness.

Shiatsu & Thai Massage Combined Techniques

1h 10min, 180€

A unique combination of ancient Thai and Japanese techniques, created exclusively for MySpa guests. A free flow of energy is restored through compressions, pressure on specific points and stretches to release blockages.

Lymphatic Drainage

50min, 135€

The sublime synergy of lemongrass and peppermint is infused into your body using specialized lymphatic massage techniques to effectively release toxins and stimulate circulation. This improves drainage and leaves the body feeling light and refreshed.

Wellness Reset for Two

1h 15min, (price per person)185€

Exfoliate, Nourish, Connect

Lie side by side with your S.O. while enjoying a full-body scrub. Slough away dead skin cells and you'll be left with smooth, detoxified skin as a result. Then, forget all about the world outside, as a buttery body balm is applied all over your bodies and your therapists' massage strokes hit sweet spots you both didn't even know you had.

Suite Package for Two

1h 30min, (price per person)200€

Detox, Smoothen, Destress

This treatment starts with a Made to Measure 55-minute full body massage with your favourite Body oil to soothe, relax, restore or detox followed by a unique express facial to replenish and hydrate the skin. Afterwards, a massage with Gua Sha Mushroom Stones will lift, sculpt and relieve facial tension.

My Glamorous Manicure

35€

Complete your holiday look with a fab make-over for your hands. Nail buffering, nail polish and to finish a massage with the luxurious Anne Semonin Hand Cream.

My Perfect Pedicure

40€

Give your feet a toe tingling holiday treat too. Enjoy a footbath, followed by nail buffering, nail polish and completed with a Botanical Body Milk massage.

My Fantastic Facial

25min, 50€

All the sun and tanning lotions can be harsh on young skin, so treat your face to a little TLC – and get a hand or foot massage while it all happens!

My So Soothing

Neck & Back Massage

25min, 65€

After a hard day on the beach enjoy a soothing neck & back massage with the new AS Botanical Body Oil – Anti Oxidant and Vitamin (massage using Anne Semonin's Vitamin Rich Body Oil, essential-oil free and rich in anti-oxidants).

My Favourite Massage

with Mum/Dad

25min, 130€

Make your way to Sani Beach My Spa for the perfect side-by-side relaxing neck& back massage.

My Dreamy Body Peeling

30min, 60€

Holidays are all about chillin' out, so take things very easy with this ultra relaxing and soothing body exfoliation. Body peeling: Nude Body Scrub
Finish: Botanical Body Milk

Spa basics

As we believe in total beauty, we want to ensure that your nails and hair receive the same special pampering, for a complete, healthy and well-maintained look.

Hand & Foot Beauty

Moisturizing Hand Ritual with Manicure

75€

A softening hand treatment includes a manicure followed by a luxurious hand bath and a gentle exfoliating mask with warmed aromatic oils and sea salt.

Regenerating Foot Ritual with Pedicure

85€

This conditioning foot treatment includes a pedicure followed by an activating foot soak and a nourishing exfoliating mask with warmed aromatic oil and sea salt, for revitalized and perfectly groomed feet.

Manicure	55€
Kure Bazaar Organic Manicure*	65€
Pedicure	65€
Kure Bazaar Organic Pedicure*	75€
Shellac Manicure	75€
Shellac Pedicure	85€
File and Polish	25€
Shellac File and Polish	45€
Kure Bazaar Organic File and Polish*	35€
Remove Shellac	20€
Remove Gel	25€

**Kure Bazaar is the leading nail varnish of a new generation; combining the ethics of a new, environmentally friendly formula with the vibrant colors of Paris fashion. Enjoy an organic manicure/pedicure with your favorite color and take it home with you as a gift at the end of the treatment.*

*** French manicure or pedicure upon request with an additional charge of 5€*

Waxing

Eyebrow shape	20€
Upper lip wax	20€
Under arm wax	25€
Full arm wax	30€
Half Leg Wax	40€
Full Leg Wax	50€
Bikini Line Wax	30€
Chest Wax	45€
Back Wax	45€

Beauty Corner

Offering Anne Semonin and Jane Iredale
Cosmetics

Hair Salon by **YIANNI**
HAIR SPA
Tel. 8496

Female Haircut	50€
Male Haircut	40€
Child's Haircut	30€
Hair Styling	from 45€
Total Elixir Hair Spa Treatment - <i>spa mist, luminator</i>	65€
Coloring	from 70€
Highlights	from 110€

Spa policies

Should I make a reservation in advance?

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

Who can guide me in choosing my treatment?

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

What is the Cancellation policy?

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

Is there a service charge?

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

What about payment for spa services?

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

May I bring my child to the spa?

We regret that children under the age of 16 years are not able to use the spa facilities however we do offer a Junior Spa menu for children aged 12-16.

Health questions

What if I am pregnant?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

What if I have special health considerations?

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

Upon arrival

How to enjoy your treatment?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

Prior to arrival

When should I arrive?

For your comfort and relaxation, we suggest that you arrive 45 minutes before your scheduled treatment. This will allow you to relax in our lounge and use the Thermal Experience. Should you not wish to use the Thermal Experience please arrive 15 minutes before your treatment to complete our spa consultation form.

What will I wear?

Please arrive showered, wearing your robe and slippers supplied in your room. If necessary a robe, towel, slippers, shower facilities and secured locker will be provided. Swimming costumes are required to be worn in the Thermal Experience. Nudity is not permitted.

What should I wear during my treatment?

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after you treatment, robes and slippers are provided.

What about my jewellery?

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

Spa etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa. The thermal area, indoor swimming pool & gym is subject to change according to the current Covid-19 protocols.

Spa services

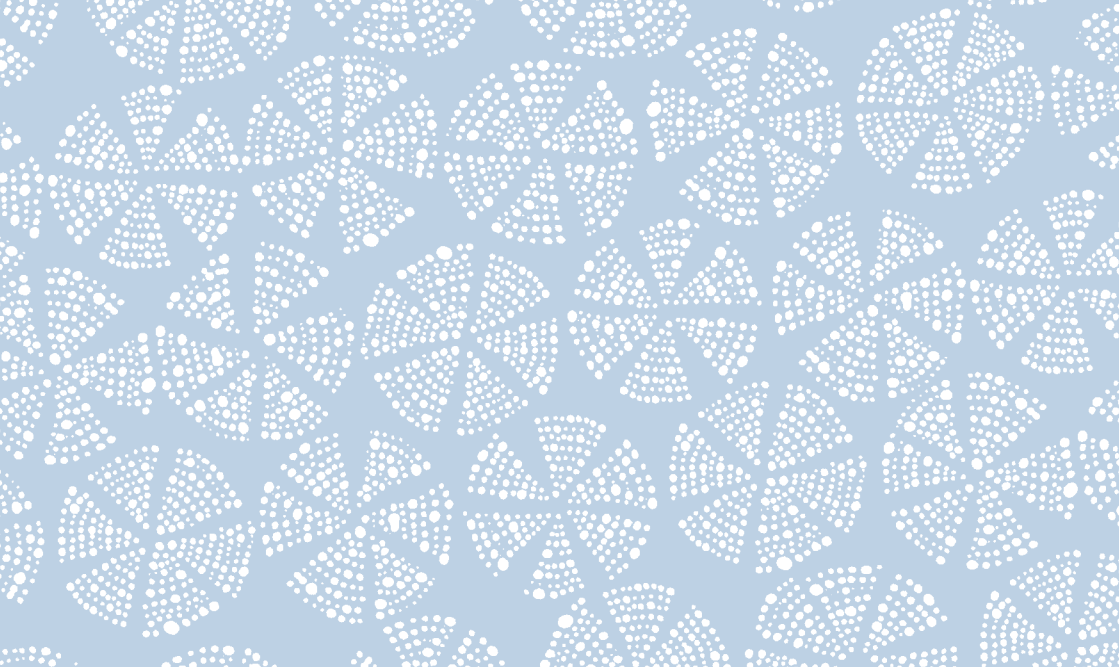
Are gift certificates available from MySpa
Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion. For your convenience gift vouchers may be ordered by phone and will be dispatched the same day.

Opening hours

Every day from 8am to 8pm
Spa treatments hours from 9am.
Last treatment ends at 7.45pm

Spa contact

Internal: 8490
External: +30 23740 99490



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