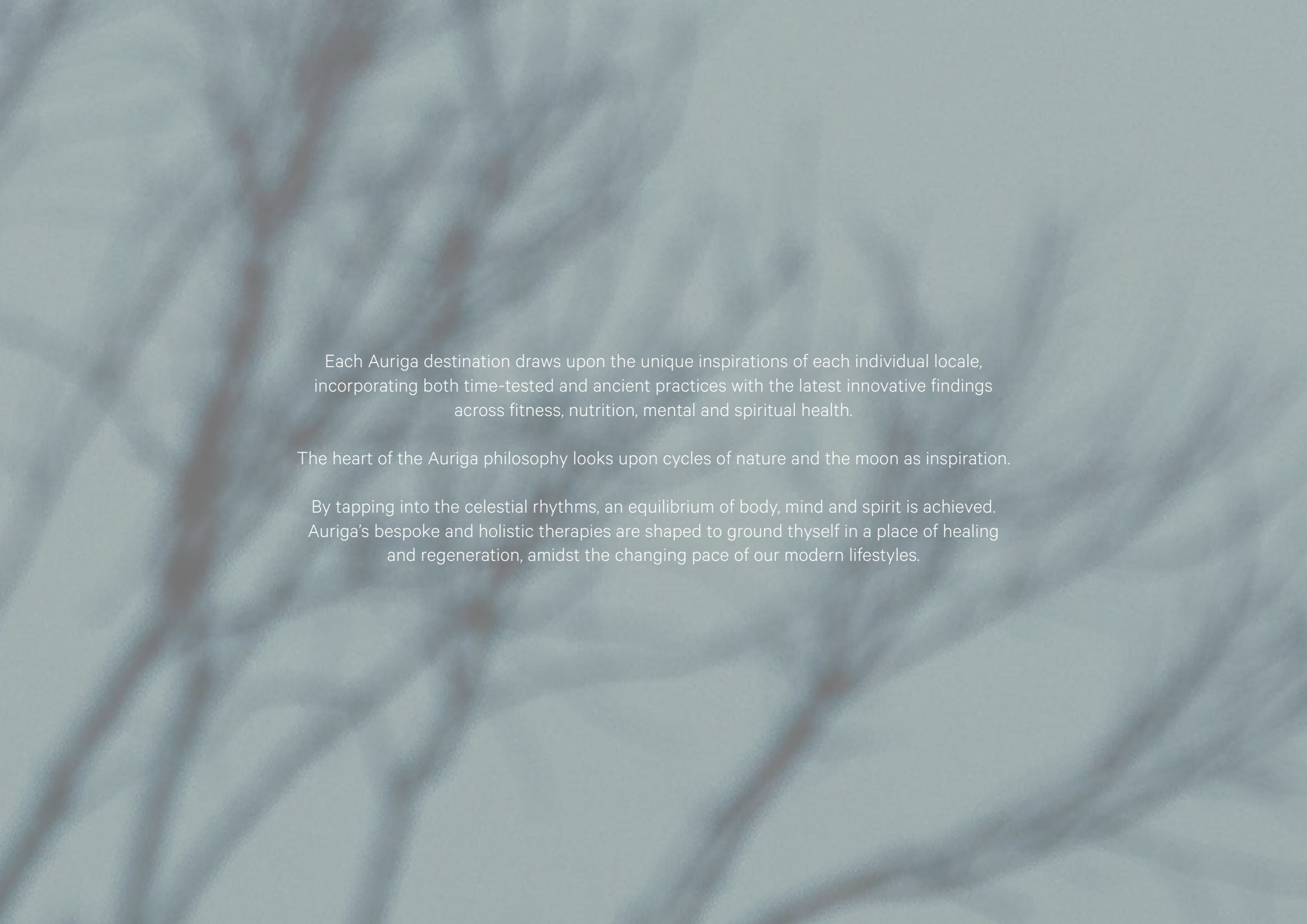




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Each Auriga destination draws upon the unique inspirations of each individual locale, incorporating both time-tested and ancient practices with the latest innovative findings across fitness, nutrition, mental and spiritual health.

The heart of the Auriga philosophy looks upon cycles of nature and the moon as inspiration.

By tapping into the celestial rhythms, an equilibrium of body, mind and spirit is achieved. Auriga's bespoke and holistic therapies are shaped to ground thyself in a place of healing and regeneration, amidst the changing pace of our modern lifestyles.



Auriga Signature Moon Ritual

3 hrs | 595

Since time immemorial, it is believed that the different moon phases impact the body in very specific ways. The New Moon is the time for renewal and introspection; the Waxing Moon is the period to refocus your body and embody your visions; the Full Moon is when one's full potential is achieved; and the Waning Moon is the perfect time for detox.

Attune your body and tap into the rhythm of the natural cycle of the moon to awaken a mindful inner being. To find balance within, we must embrace and realign ourselves in harmony with the universal rhythm. In this signature ritual, the treatments received will be aligned with the current lunar phase for optimal benefits and a profound holistic experience.

New Moon | Renew & Reflect

The new moon is when the moon is at its darkest, and it's sometimes called the dark moon. From here, it gradually crescendos in strength toward the full moon over the following two weeks. The New Moon is the time for introspection and represents new beginnings as we plant seeds for the future. Reflect on your personal goals and regain strength to begin again. It is also a time for release and letting go of the past.

Detox Body Scrub | Detox Body Wrap | New Moon Massage - A stimulating full body massage, using Swedish massage techniques and a detox oil blend to ease muscle tension and restore the balance of the mind and body | Deep Cleansing Facial Treatment

Waxing Moon | Nourish & Self-Care

As the light of the waxing moon begins to expand and swell in its fullness, this is the time to nurture yourself with self-care. The waxing moon is a good time to breathe life into the intentions you named, get motivated, and put your intentions into action. As the moon progresses toward fullness, nourish the body with antioxidants and vitamins to develop your intentions and goals. This is a magnetic time for transformation and potential breakthroughs.

Nourishing Body Scrub | Nourishing Body Wrap | Waxing Moon Massage - Using circular movements, this healing massage technique focuses on the joints, along with the uplifting properties of Rose and Jasmine oil to improve flexibility and physical well-being | Rose Crystal Facial Treatment



Full Moon | Balance & Recharge

The full moon is the phase when the moon is at its peak luminescence, making her as full, round, and bright as can be. This phase represents completion, fertility, abundance, and transformation. It is a time for pensive reflection and to focus on restoring the body to its natural balance. Release your full potential and enjoy the inner power of yourself.

Balancing Body Scrub | Balancing Body Wrap | Full Moon Massage -

A myofascial massage technique using sustained gentle pressure onto connective tissues, paired with a soothing floral oil blend to release muscle tension and enhance circulation | Immune Recovery Antioxidant Facial Treatment

Waning Moon | Cleanse & Detox

As the cosmic cycle returns full circle, the waning moon refers to the decreasing of the moon's glow, inviting us to surrender and soften. It is the perfect time for cleansing and recharging after the active glow of the full moon. You are invited to shed and release, so that you can prepare to plant new seeds as the moon makes her way toward the new moon once again. Detox treatments with seaweed and herbs are more effective during this moon phase allowing the body to be cleansed and renewed.

Invigorating Body Scrub | Purifying Body Wrap | Waning Moon Massage - A light and rhythmic lymphatic massage technique, complemented with a detox oil blend to improve lymphatic circulation and reduce water retention | Deep Cleansing Facial Treatment





Wellness Journeys

Let yourself be guided on an ethereal journey of the senses, where self-care and pampering meet contemplative relaxation. Auriga's Wellness Journeys are a transformative process, bringing you to a state of total restoration while providing well-deserved nourishment for your body. Allow yourself to be transported to a state of endless well-being and relaxation.

Unwind & Recharge Journey for Two

4.5 hrs | 1600

Bath Ritual - Intuitive Wellness Massage - Anti-Pollution Facial - Spa Cuisine

The ideal experience to share with your significant other after a long and stressful week. Recharge your energies and unwind your senses with a relaxing soak, before releasing your tensions with a relaxing body massage and facial, and ending your journey with the nourishment of a healthy spa meal. This treatment uses Margy's Monte Carlo skincare products which replenish and strengthen the skin, calm inflammation and visibly reverse the results of aging. The luxurious skincare range combined with advanced therapy techniques deliver enviable results that help slow the process of time.

Energy Balance Journey

5 hrs | 830

Wellness Movement - Vibrational Sound Therapy - Rose Crystal Facial - Spa Cuisine

Recalibrate your balance as you embark on this journey and let our wellness specialist guide you on a half-day program of pure bliss. Start your morning with a wellness movement activity and unwind with a 120 minutes massage and 60 minutes facial, before ending your journey with the nourishment of a healthy spa meal.

Fast Recovery Men's Journey

4 hrs | 630

Muscle Release Massage - Sentosa Detoxifying Facial - Spa Cuisine

Specially designed for the modern gentleman, our wellness specialists help to soothe tired muscles and pamper your skin, leaving you revitalised and recharged. Fuel up with a specially curated healthy spa meal for that added boost in nutrition and antioxidants.

Mind & Body Journey

3.5 hrs | 530

Sound Bath Meditation - Rejuvenation Body Treatment - Spa Cuisine

Let the rejuvenating properties of the sound bath meditation nourish your body and let the natural glow of your skin radiate. The Sound Bath therapy uses a variety of instruments including gongs, singing bowls and tingsha cymbals to bring relief to those facing stress, anxiety, insomnia and pain. Let our specialised therapist guide you on this private sound bath meditation before soothing your tired muscles with a body treatment experience before nourishing your body with a specially curated healthy spa meal.





Wellness Rituals

The different phases of the moon signal an endless flow of energies - energies that can be harnessed with our intention to heal the mind, body and soul. Attune your body to its natural circadian rhythms with our tailored Wellness Rituals and let Auriga's trained spa therapists be your wayfinders as you enter a state of transformative bliss.

Vibrational Sound Therapy

90 mins | 310 120 mins | 410

Delve into deep relaxation facilitated by the sounds of therapeutic instruments. Crafted in partnership with The Sound Healing™, this sensorial spa experience combines the art of body massage with therapeutic sound vibrations to release stagnant energy and nurture a sense of serenity. The treatment begins with a foot ritual, followed by a thoughtfully orchestrated sound healing session utilising various instruments such as bowls and “perfect fifth” 256Hz and 384Hz tuning forks. A full-body restorative massage further relaxes the mind in preparation for a brainwave relaxation sound bath that completes your journey.

Rejuvenating Body Treatment

120 mins | 395

Natural, transformational treatment for radiant, perfected limbs. Rejuvenated skin is revealed through a three-stage exfoliation process: body brushing, seed scrub application and a salicylic acid body mask. Skin is scrubbed, cocooned and massaged to reveal dewy glow. Your mind is energised through aromatherapy and your body feels fresh and fully awake thanks to lymphatic drainage and manipulation of pressure points before ending the experience with a nourishing hair treatment and a deep scalp massage.

Antidote Sleep Journey

120 mins | 395

A totally immersive and nurturing sleep journey is the antidote for those suffering from insomnia, frequent night waking and restlessness, or for those just seeking a cocooning experiential journey that is conducive for profound relaxation and a blissful night's sleep. Using luxurious skincare with natural plant oils and active ingredients, this soporific treatment incorporates shiatsu, soothing chakra-balancing massage, touches of reflexology, guided breathing, and sound therapy.



Local Inspired Experiences

The tropical elements can wear the body and skin. By combining Asian inspired remedies and ingredients, Auriga's locally inspired experiences weave traditional healing therapies with modern techniques that alleviate muscle tensions and uplifts your skin and soul.

Balot Ng Aruga Healing Experience

120 mins | 395

The Balot Ng Aruga Healing Experience uses Asian ingredients that will leave your skin nourished and supple after a full-body exfoliation of tropical lulur scrub, followed by a banana body wrap with tanaka powder body mask and an invigorating hair treatment, followed by a 60 minutes tailored massage. An experience inspired by local influences that will leave you pampered from head to toe.

Senja Sunyi

90 mins | 310

120 mins | 410

Combining traditional Asian therapies and massage techniques, this treatment uses a combination of warm moon stones, long flowing strokes, stretches and pressure points with hydrating Argan Oil Shea Butter balm to ease any kinks and knots in your muscles.





Pro-Aging Facial Experiences

While there are many philosophies and approaches towards reversing the signs of aging, Auriga celebrates the natural passage of time, which includes embracing healthy and nourishing skin at various life stages. The key to this is in pampering the undulating contours of the skin with a range of salubrious treatments, aimed to promote beauty from the inside out.

Age Reversal Illuminating Facial

120 mins | 680

A powerful blend of biotechnology and plant extracts for intensive skin cell regeneration via vitamins and minerals. Highly active Collagen Face Mask by Margy's Monte Carlo boosts elasticity and suppleness, and reduces fine lines, wrinkles and dark circles. Exceptional results are visible from the first treatment through a concentrated blend of Swiss apple stem cell extract that stimulates the vitality of the skin for powerful anti-aging effects.

Anti-Pollution Facial

90 mins | 495

A much-needed tailored skincare treatment designed to brighten and boost your complexion amidst harsh tropical environments. Deep cleansing and highly concentrated active ingredients by Margy's Monte Carlo hydrate and restore your skin, leaving it feeling refreshed and revitalised.

Collagen Boost Nourishing Facial*

90 mins | 340

Super nourish ingredients are used in this facial to rejuvenate and boost collagen production. Rich cleansing, AHA exfoliation, acupressure facial massage with Honey & Jasmine mask, followed by a miracle Collagen Boost Mask. A powerful combination of antioxidants, rose hip seed serum and marine collagen complex instantly lift, tighten and brighten your complexion. A scalp massage is included to make it a complete relaxing treatment.

Super Seed Nutrient Facial

90 mins | 330

A nourishing and hydrating facial which harnesses the natural power of the unique 21 Super Seed oil blend to restore health and resilience to skin in need of TLC. Skin is infused with Super Seed nutrients, repairing and protecting dry and delicate complexions.

Rose Crystal Facial*

90 mins | 340

This luxurious treatment brings out internal radiance. Awaken the lymphatic system with Rose Crystals and an acupressure massage to lift and firm the skin. This facial includes deep cleansing, AHA exfoliation, steaming and extractions. An application of Vitamin C & Seaweed, Honey & Jasmine and an intense Collagen lifting mask follows while receiving a scalp massage using our nourishing hair serum.

Customised Biologique Recherche Facial

90 mins | 450

Specially trained therapists will begin with an analysis of your individual skin and its health. A unique and tailor-made solution will be created to produce immediate and effective results. Your treatment will include a selection of the following Biologique Recherche boosters to enhance the overall results of your facial.

1. Hydrate & Repair
2. Plump & Revitalise

*60-minute treatments are available upon request

All prices are in Singapore dollars, subject to service charge and prevailing goods and services tax.

Facials For Men

The male anatomy dictates a tailored approach to maintaining a healthy and radiant skin. Auriga's approach to well-being for the male body is deeply rooted in healing wisdom informed by scientifically proven methods designed around the specific needs of men's skin.

Advanced Time Control Facial for Men

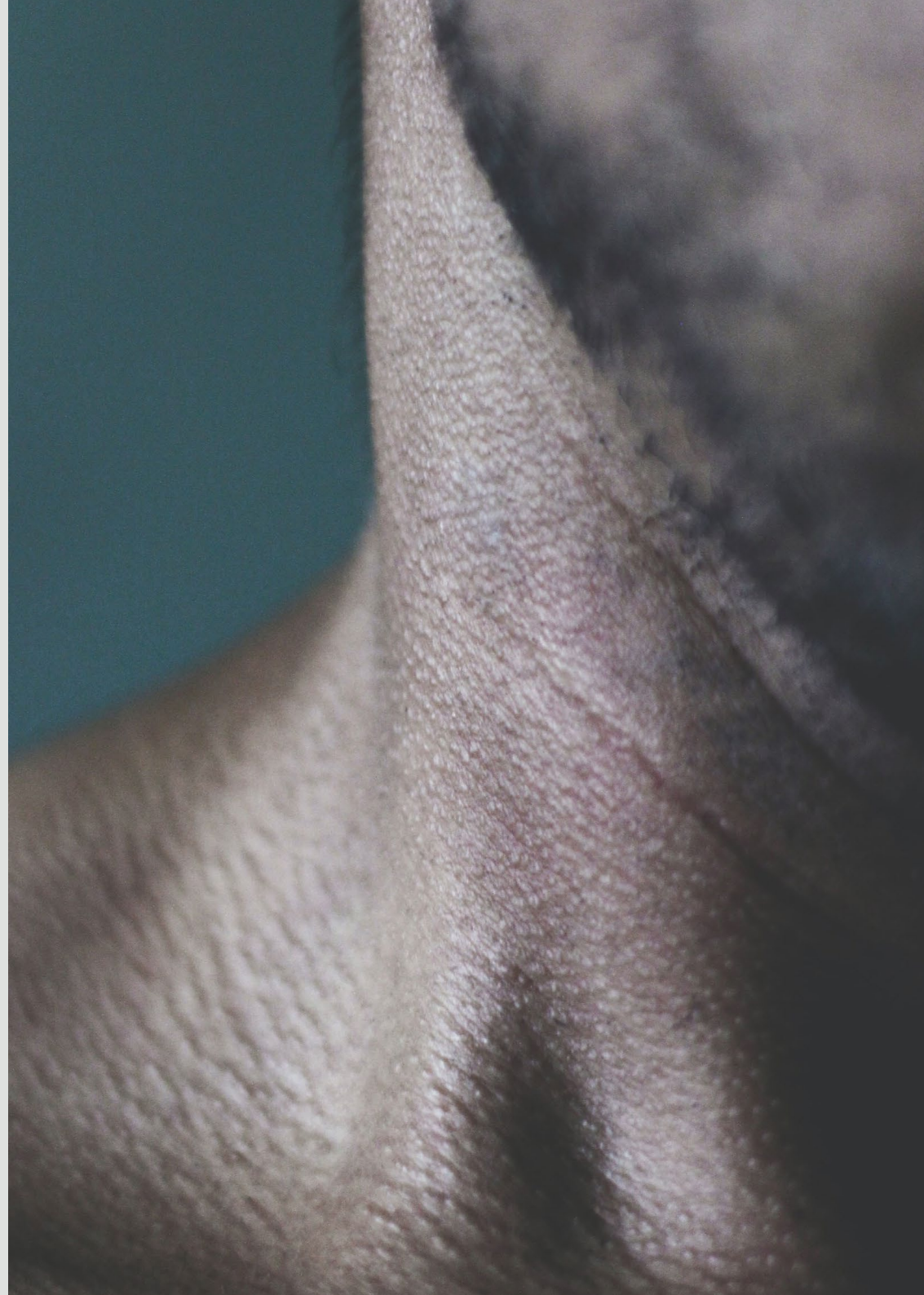
90 mins | 330

This facial is a results-orientated treatment which stimulates cell metabolism to dramatically lift, tighten and firm the skin whilst increasing textural clarity and tone. The Advanced Time Control facial will help to promote a more youthful complexion leaving the skin looking significantly refreshed, brighter and instantly lifted. Using the latest peptide technology from Gentlemen's Tonic that helps promote collagen production, cell renewal, and increased hydration, instantly softening the appearance of fine lines and wrinkles.

The Sentosa Detoxifying Facial for Men

90 mins | 330

A deep cleansing facial that helps to resurface the skin by unblocking pores, relieve congestion while instantly improving the skin tone and clarity using Gentlemen's Tonics' highly advanced professional range. Products used include the Invigorating Gel Cleanser, a concentrated blend of 5 botanical extracts rich in naturally occurring AHAs, the Facial Focus Complex rich in fruit enzymes, and the Eliminator Mask, a kaolin-based clay mask which draws out impurities, and helps detoxify and replenish the skin. Ideal for Singapore's humid conditions!





Body Treatments

Each treatment at Auriga is ingrained with time tested philosophies reflected in the ever-changing lunar phases. Through tailored body treatments that can encourage restful sleep, revitalise weary bodies or induce healing, your specialised therapist follow traditional cleansing techniques focused on lymphatic drainage that flush out toxins and promote the regeneration of inner body cells.

Gentlemen's Tonic Back Tone and Tonic and Booster Facial

90 mins | 295

Involves deep cleansing and exfoliation of the back, shoulders and upper arms using the most advanced men's product range ever developed that helps to remove excess oil, congestion and impurities. Tension is then released with a relaxing massage before a deep cleansing and further hydrating pack is applied to the skin. The treatment is then followed by a Booster Facial that leaves the face expertly cleansed, toned, and soothed, ready to tackle anything that is thrown at it.

Invigorating Scrub & Massage

90 mins | 310

The perfect combination to leave your skin soft and release muscle tension, we use a Himalayan body scrub to leave the skin bright and glowing followed by a relaxing massage with pure Organic Shea Butter infused with a gentle aromatherapy blend. The result is soft skin and a revitalised body.

Collagen & Firming Body Wrap

90 mins | 320

Detoxifying, intensely hydrating and regenerating, this wrap utilises Margy's signature range of collagen enhancing serums to firm and tone the skin, while our personalised signature massage relaxes the muscles and the mind.

Healing Detox Body Wrap

90 mins | 320

Detoxifying and stimulating, designed to reduce cellulite and water retention. Includes a personalised Margy's results-driven anti-cellulite massage for up to 60 minutes for maximum benefit. This wrap is an ideal complement to a slimming program.

Auriga Body Massages

Embrace the soothing kneads of tested hands that erode the formation of knots and tensions throughout the body. Through a profound yet meticulous approach to unlocking troubled aches and sores, Auriga's body massages are informed by age-old practices and traditional techniques, catered to each body's individual need.

Intuitive Wellness*

90 mins | 310 120 mins | 410

Auriga's signature body wellness massage that is tailored according to your specific needs customised with your choice of warm oil and pressure.

Muscle Release*

90 mins | 310

Elemental treatment for physical well-being. A full-body, deep tissue massage to relieve mental and physical stress. Traditional deep massage is combined with stretching and pressure point therapy with the benefit of any of 3 pure plant massage oil blends to release muscle tensions and soften the skin.

Stress Reliever

90 mins | 310

Whether it is to relieve muscle soreness or workday stress, this treatment aims to relax your mind and body. Soothe those aches with a deep back massage including the shoulders and neck, followed by a nourishing scalp massage, and a cleansing facial ritual with warm chamomile and cooling cucumber eye compresses.

Lymphatic Drainage

90 mins | 290

An ideal treatment to stimulate circulation, eliminate toxins and reduce fluid retention throughout your body. This treatment is incredibly soft to the touch and uses gentle movements along the natural elimination pathways of your body's lymphatic system

Baby on the Way*

90 mins | 290

This massage promises to be a blissful session. A massage tailored to your body's needs with focus on specific areas such as aching back and heavy legs to alleviate unnecessary muscle tension. Pregnancy support cushions are used throughout to ensure total comfort.

Healing Essence

90 mins | 290

A relaxing massage therapy that uses essential oils to unwind, uplift and reboot the entire body. These essential oils, combined with the expert hands of our wellness specialist, aids in a deep relaxation after a long day.

*60-minute treatments are available upon request

All prices are in Singapore dollars, subject to service charge and prevailing goods and services tax.



Enhance Your Spa Experience

For an added touch to complete your spa experience, look to our range of complementary spa experiences during or after your treatments, which allow you to focus on specific targets of your body.

Bath Ritual

30 mins | 100

A recommended ritual after every treatment that is enjoyed alone or with a significant other. Soak in a relaxing bath and let the waters calm your mind as you recalibrate and refocus, alone or with a significant other.

Intense Hair Treatment

30

Nourish your hair from the roots to the tips with this intense treatment that can be applied at any time during your spa experience.

Stress Relief Balm

30

Let the skilled hands of our wellness specialists focus on the deep contractures by applying this special balm during the treatment that will help to relax tense muscles and reduce the inflammation.

Collagen Face Mask

130

Repair, firm and hydrate your skin with pure collagen face mask, a perfect addition during your treatment.

LPG Well-being Treatments

LPG® endermologie® offers a natural alternative to stimulate dormant cellular activity within your skin to counter manifestations such as wrinkles, sagging skin, cellulite appearance and more.

The non-invasive, mechanical stimulation of cells, referred to as endermologie®, reactivates the natural awakening of skin cells.

For The Face

A rejuvenating cell stimulation using motorised flaps that awakens the natural synthesis of vital rejuvenating compounds within your skin. This process helps to boost production of collagen, elastin and hyaluronic acid that are naturally present in the skin for a more radiant facial complexion.

Deep Hydration Booster

120 mins | 540

A hydrating facial that includes deep cleansing, AHA exfoliation, and a vitamin C, seaweed, honey and jasmine mask combined with LPG® technology help to stimulate the production of hyaluronic acid, while boosting microcirculation to moisturise, plump and smoothen your skin to set back skin ageing.

Luxurious Age-defying Replumping

150 mins | 650

Treat your facial skin to a powerful concoction of antioxidants, rose hip seed serum and marine collage complex that lifts, tightens and brightens complexion. LPG® recovers harmonious volume in the skin, creating a plump and moisturised appearance, smoothing wrinkles and fine lines.



For The Body

The LPG® endermologie® technology simultaneously acts on the release of localised fat and skin quality to improve firmness and reduce the appearance of cellulite.

Anti-cellulite

60 mins | 320

A body treatment that softens fatty tissues and stimulates the skin to make it less fibrous, releasing localised fat and activating blood lymphatic circulation. The skin is tightened for a more elastic and smooth sensation.

Suitable for all types of cellulite.

Fluid mobilisation

60 mins | 320

Targeted at reducing fluid retention and draining away toxins, this treatment stimulates circulatory exchanges for an immediate boost and a resulting sensation of lightness.

Well-being

Embark on a journey of personal well-being to loosen tense muscles, alleviate stress and rejuvenate your body and mind to rekindle your inner spark.

Unwind

90 mins | 480

Drawing inspiration from the traditional art of Katakori massages, sink into a deep state of relaxation as tension is drained from your muscles.

Revitalising

90 mins | 480

Experience the synergy of massage therapy complemented by breathing exercises that helps to refocus your body's energy and release tension, leaving you feeling revitalised.

Detoxifying

90 mins | 480

Aesthetic lymphatic drainage of the whole body including the arch of your foot, ankles and face promises to coax you into a state of deep relaxation.

Please note that this treatment does not consist of manual lymphatic drainage treatment.



The Sessions

Every session is a chapter in your personalised transformation with LPG® endermologie®.

We begin with a thoughtful consultation, laying the foundation for your tailored journey towards enhanced beauty and wellness. Allow us to help you take a step closer to the best version of you.

For Body

Sculpted according to your body and goals, the body specific sessions focus on a three-prong approach to smoothen the appearance of cellulite, release fat and firm your skin.

For Face

Personalised facial sessions that can help to firm loose skin around your eyelids, improve skin firmness, and reduce the appearance of wrinkles and vertical lip lines.

5 sessions | 60 mins per session | 1440

10 sessions | 60 mins per session | 2720





