

## DISCOVERY RECONNECT-CHILD

This retreat gives families a beautiful opportunity to spend time together sampling different activities while allowing each family member time and space to relax and reflect on their own internal environment and their surrounding environment in which they play a part.

### CHILDREN BELOW 4 YEARS OLD (HEDGEHOG WELLNESS ACTIVITIES)

#### 2 NIGHTS

1 Family Wellness Consultation  
2 Hedgehog Wellness Activities  
Daily Wellness Cuisine\*

#### 5 NIGHTS

1 Family Wellness Consultation  
5 Hedgehog Wellness Activities  
Daily Wellness Cuisine\*

### CHILDREN BELOW 4 TO 8 YEARS OLD (FOX WELLNESS ACTIVITIES)

#### 2 NIGHTS

1 Family Wellness Consultation  
2 Fox Wellness Activities  
Daily Wellness Cuisine\*

#### 5 NIGHTS

1 Family Wellness Consultation  
5 Fox Wellness Activities  
Daily Wellness Cuisine\*

### CHILDREN BELOW 9 TO 12 YEARS OLD (FALCON WELLNESS ACTIVITIES)

#### 2 NIGHTS

1 Family Wellness Consultation  
2 Falcon Wellness Activities  
Daily Wellness Cuisine\*

#### 5 NIGHTS

1 Family Wellness Consultation  
5 Falcon Wellness Activities  
Daily Wellness Cuisine\*

### CHILDREN BELOW 13 TO 17 YEARS OLD (ORYX WELLNESS ACTIVITIES)

#### 2 NIGHTS

1 Family Wellness Consultation  
2 Oryx Wellness Activities  
Daily Wellness Cuisine\*

#### 5 NIGHTS

1 Family Wellness Consultation  
5 Oryx Wellness Activities  
Daily Wellness Cuisine\*

\* Breakfast, Lunch and Dinner



## DISCOVERY RECONNECT-ADULT

### 2 NIGHTS / 5 NIGHTS

Daily One-time Treatment\*  
Daily Wellness Cuisine\*

\* Guest can choose from the below options for their daily treatment:

- Invigorating Massage 50 mins
- Oriental Scalp Massage 40 mins
- Signature Full Body Tadleek (Massage) 50 mins
- Signature Relaxing Al - Qadam (Foot Massage) 50 mins

\* Breakfast, Lunch and Dinner