

# Condé Nast Traveller

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SPECIAL

**THE EDIT**  
BEST FAMILY  
ADVENTURES  
FOR 2020  
AND BEYOND

LOOKING  
FORWARD

DESTINATIONS  
TO DREAM ABOUT

*Off-grid address book*

QUIET ISLANDS  
MEANINGFUL VOLUNTOURISM  
ROOTSY FOOD

## STAYCATIONS

NEW BRITISH PRIVATE HOUSES TO RENT

A COUNTRY-WEEKEND HIDEOUT

THE GAME-CHANGING UK WELLNESS RETREAT



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## PATRICK'S LODGE PALMARIN, SENEGAL

This is where the French come; while we are piling across the Channel on a ferry to invade their shores, they are hopping on a plane to Dakar to feel the African sand between their toes. But the year-round sunshine of Senegal is now within reach via direct flights from London. The Petite Côte is a pristine swathe of beach that stretches for about 62 miles. At its southernmost point, at the gates of the Sine-Saloum reserve, between mangroves, white sand and ocean, is this private lodge designed by Belgian architect Coralie Michiels. It opened quietly last year and through word of mouth has quickly become one of those places whispered about in the playgrounds of the 6th arrondissement. It's exactly the kind of barefoot family hideout that we all want to find, where kids really can roam free. The main house has a soaring, open-sided sitting room decorated with wooden masks, rattan lampshades, coffee tables made from felled trees and gorgeous graphic cushions. A four-bedroom villa and a handful of smaller houses – jungle-print tropicana in one, Santorini blues in another – are spread out across the 11 hectares. Older children will beg to stay in the four- and six-bed dormitories for late-night pyjama parties. And the littler ones will be captivated by the kids' club, where sweet staff will help them pick tomatoes from the vegetable patch to make their own pizzas and climb on the wooden giraffes, zebras and elephants in the playground. After paddleboarding in the shallows, meandering the lagoon on a pirogue and taking quad bikes out on the savannah, everyone returns for fish tagines and shrimp-salad lunches with tall glasses of cool hibiscus tea or Provençal rosé at the large table set up facing the surf. Despite the laidback look of the place, the infrastructure to keep young ones happy is turbo-charged: cooks, nannies, a sports coach and drivers are on tap 24 hours a day. After evening beach barbecues, musical workshops take place to the beat of *djembe*s and children fall asleep with stars in their eyes.

A gentle, authentic taste of West Africa for little folk.

**INSIDER TIP** Patrick's Lodge has its own sewing workshop, where bespoke tunics, pyjamas and household items made with stunning local fabrics can be ordered.

**BOOK IT** Little Guest offers doubles from £490, full board. [littleguestcollection.com](http://littleguestcollection.com)

